

Saturday Morning Workshops

Saturday, September 10, 2022

10:30 A.M. - 12:30 P.M

SA-1. Curating Loose Parts - Miriam Belaglovsky, Playful Transformations

Description: This workshop will guide participants to apply educational and design knowledge when curating Loose Parts to maximize children's learning. You will learn the value of Loose Parts, discover how to curate the Loose Parts utilizing different lenses to explore the affordances the Loose Parts offer children, and how to set provocations that promote inquiry.

Core Competency: 5

SA-2. Effective Budgeting for Family Child Care- Abhas Jain

Description: Are you confused about the difference between Expenses, Revenue and Income? If you answered yes to any of these questions, then this is the session for you. Attending this session will jumpstart your efforts to understand your family child care program's financials and understand where the money comes from and where it goes out. This knowledge will empower you to make good financial decisions for your financial future.

Core Competency: 8

SA-3. To Become Calm, Clear and Curious, Learn Tapping - Tijana Coso, Certified EFT

Description: Are you curious how to lower your stress and anxiety with a Tap of your fingers? Literally. In this hands-on program, you will learn Tapping for stress relief. It's easy and effective - you gently tap on points on the face/body which reduces anxiety allowing for clear thinking.

Core Competency: 4

SA-4. Making and Unmaking with Recyclables and Natural Materials - Patty Sinclair, Manager, Education and Curriculum, Bright Horizons

Description: In this session, we will explore the importance of making and unmaking in play-based learning for young children. We will identify types of recyclable and natural materials that engage children in discovery, consider how to create simple provocations with materials to invite children into play, and discuss the steps of the modified engineering design process.

Core Competency: 5

SA-5. Creating Beautiful, Equitable and Socially Just Play Environments - Susan Ferguson, Lead Teacher & Wendy Gonsenhauser, Assistant Director

Description: This presentation focuses on one preschool center's intentional creation of classroom curriculum designs that are physically beautiful and inviting for young children. It will give teachers tools to create their own classroom spaces and includes guidance on how to respectfully talk with children to foster curiosity and growth.

Core Competency: 5

SSA-6. Know Your Why - Your "Why" Makes Your Goals Attainable - Katey Grossman, Trainer for Strong Start and IEPD

Description: What is your why? What is your one goal for the next year? Your goal needs to be about you and for you and defines what you want. A goal should answer: which, what, who, where, when, why. Be as clear and possible in what you want to achieve - the narrower your goal, the more you will understand the steps to achieve it. In this training you will go home with your goal and a plan of action to implement it. Because you will know your WHY!

Core Competency: 8

SA-7. Make Believe Play Looking Beyond the Kitchen Set - Kelley Ford, Early Childhood Professional and Center Director

Description: Make believe play allows for empathy, social awareness, self-regulation and a way for children to explore the world around them. It is a valuable emotional outlet for children. We will discuss and plan ways to foster children's curiosity with opportunities for make believe beyond the kitchen set and props that can inspire play. Participants will have take-away ideas and inspiration to begin implementing them right away.

Core Competency: 5 .

SA-8. No Such Thing as Bad Weather - Rina Zamperion, Statewide Early Education Coordinator, MA Audubon

Description: When the rain pours down, temperatures drop, and sharp winds bite, how do we get our children (and ourselves) excited to go outside? We'll explore fun outdoor activities in a variety of "challenging" weather conditions, troubleshooting ideas and gear suggestions for both children and teachers. Let's find ways to change "bad" weather into exciting and fun learning opportunities!

Core Competency: 5

SA-9. Embracing Families' Funds of Knowledge to Bring Greater Diversity into your Program - Cynthia Parker, Educational Coach

Description: Families possess "funds of knowledge" about themselves, their children, and their community. We will identify 3 ways to obtain these funds of knowledge from families and explore strategies for creatively incorporating them back into your program's environment and curriculum.

Core Competency: 4

SA-10. Ignite Curiosity and Playful Learning Outdoors with Nature's Loose Parts - Victoria Hackett, Outdoor-Classrooms.com & The Secret Gardens Nature Programs

Description: Nature's loose parts provide opportunities for children to play outdoors unencumbered by expectations that are often choreographed by materials and play equipment. They support creative problem solving, cooperative play, fine motor skills and social interaction. Creating invitations for learning outdoors offers a rich pallet of opportunities for igniting children's curiosity and playful learning, and inspires their creative thinking. Through a media presentation, small group hands-on activities and large group you will gain knowledge about loose parts play and the skills to provide and manage the outdoor play environment.

Core Competency: 5

SA-11. A Developmentally Appropriate Approach to Storytelling - Shawn Middleton, Storytelling with Shawn

Description: Add Storytelling to your teaching repertoire! In this uplifting, high-energy and comprehensive workshop participants will feel refreshed and excited to be able to introduce storytelling into their programs. You will learn stories, songs, finger plays and games from around the world that can be used immediately in your curriculum. Explore different storytelling techniques to foster proactive listening, oral language, and writing skills and discover the sheer enjoyment of the magical imagination of stories!

Core Competency: 5

SA-12. The "New Normal" Teacher: The Reinvention and Evolution of Teachers in Response to Change - Adiel Gutierrez, School Director

Description: This workshop presents a roadmap for teachers to respond to pandemic-ridden changes, identify strengths and struggles, and develop an evolved self with strategies to answer the new needs in our profession.

Core Competency: 8

SA-13. Bounces for Babies and Tunes for Tots - Hugh Hanley, Music/Play Specialist

Description: Let's explore the unique ways that infants experience music and movement, and how they develop by engaging in song and music/play as toddlers. We'll share songs and music activities for infants and toddlers and discuss how they are appropriate and helpful to a child's development. Participants are welcome to bring recording devices. Handouts and links to demonstration videos will be provided.

Core Competency: 5

SA-14. Loose Parts and Play - Llanet Montoya, Educator/Coach/Facilitator (SPANISH)

Description: "Cuanto más amplia sea la gama de posibilidades que ofrecemos a los niños, más intensas serán sus motivaciones y más ricas sus experiencias".

-Loris Malaguzzi

"The wider the range of possibilities we offer children, the more intense their motivations and the richer their experiences" -Loris Malaguzzi

"Partes Sueltas y Juego" se refiere a cualquier juego imaginativo con una variedad de materiales táctiles. Sucede naturalmente cuando a los niños se les da la posibilidad de crear su propia narrativa con objetos y materiales dispares.

"Loose Parts and Play" refers to any imaginative play with a variety of tactile materials. It happens naturally when children are given the chance to make their own creations with a variety of objects and materials."

Core Competency: 5



Saturday Afternoon Workshops

Saturday, September 10, 2022

2:15 P.M. - 12:30 P.M

SA-1. Stretching Story Time - Linda Schumacher, Early Childhood Specialist

Description: The storybooks you read to children every day can be a rich source of learning! We'll explore the "treasures" to be found in children's books and discuss strategies for engaging children in story time, including children of diverse skill levels, attention spans, and languages. We'll expand each book by brainstorming activities that can be planned for all learning domains.

Core Competency: 5

SA-2. Effective Social Media Marketing - Abhas Jain

Description: Do you want to effectively market your programs to millennial parents using Social Media and other technology solutions? This is the session for you. This session will jumpstart your efforts to formulate and implement your digital and social media marketing strategy. We will discuss best practices for Facebook, LinkedIn, Google Reviews/Yelp, Google Adwords, and Facebook Ads.

Core Competency: 8

SA-3. Setting the Stage and Guiding Child Directed Dramatic Play for Equity and Cultural Inclusion - Ellie Friedland, Associate Clinical Professor, Early Childhood Education, BU Wheelock College

Description: Join us to gain strategies for structuring dramatic play areas and guiding dramatic play, so it is culturally inclusive and actively anti-bias, while still child directed. Participants will practice effective responses to concerns from adults about the inclusion of cultures, family constellations, and roles (including dress up) in the dramatic play area.

Core Competency: 5

SA-4. Natural Loose Parts: Enriching Outdoor and Indoor Creative Play - Janna Aldrich, Educational Consultant

Description: Natural Loose Parts offer limitless possibilities to enrich children's play and learning! Become inspired to integrate natural loose parts into your curriculum and enable children of all ages and abilities to develop creativity, critical thinking skills, and more.

Core Competency: 5

SA-5. Reimagine Your Outdoor Space for Creative Play and Learning - Erica Quigley and Sara Brunelle, Landscape Designers and Educational Consultants

Description: Ready to improve your outdoor space for creative play and inquiry? Get inspired to re-imagine your outdoor environment based on best practices. Topics include: curriculum goals, loose parts, safety, low-cost improvements, and organizing space into landscape "rooms."

Core Competency: 5

SA-6. An Embodied Experience of Sensory Integration and Regulation - Angela Garcia, Curriculum and Training Consultant

Description: Sensory integration and regulation are key to how we experience and function within the world. Participants in this workshop will gain an understanding of sensory integration, sensory discrimination, praxis, and how challenges in these areas may show up in early childhood programs.

Core Competency: 2

SA-7. Mindfulness and Self Care through Brain Education Principles - Sholeh Gharib, Body and Brain Yoga

Description: In this interactive and experiential workshop teachers will be introduced to, and practice techniques designed to help strengthen their mind-body connection. You will then be able to begin applying useful self-care practices for your own health, happiness, and fulfillment. Techniques can be easily adapted to your program and support your students' wellbeing as well. It will introduce activities to promote focus, mindfulness, and emotional wellness.

Core Competency: 4



SA-8. Adapting to Change: Building Early Science Literacy - Rina Zampieron, Statewide Early Education Coordinator, MA Audubon

Description: Help your preschoolers build their curiosity and questioning skills through hands-on science exploration. This introduction to science literacy dives head first into cause and effect, animal and plant life cycles and observing the world around us.

Core Competency: 5

SA-9. Developing Healthy Boys - James Arana and Tom Weiner, MERGE for Equality

Description: This workshop promotes understanding of ways that masculinity norms and stereotypes impact boys, and the adult's role in positively supporting healthy gender development. The workshop will be participatory, with a mix of presentation, activities and discussions.

Core Competency: 1

SA-10. Creative Connections: Engaging Science through Dramatic Play - Janna Doherty, Director of Learning Experience and Design, STEMspark

Description: Join us as we explore childhood creativity as a common thread between art, science, and play! Featuring hands-on art and dramatic play activities that support early science learning, participants will take away fresh ideas for fostering scientific thinking skills.

Core Competency: 5

SA-11. An Innovative Approach to Teacher-Director Collaboration - Ronald Viafore, Karen Osarenkoe, Theresa Loch, UF Lastinger

Description: Join us as we explore the UF Lastinger model of engaging teachers and leaders in equitable conversations around classroom practices and teacher-child interactions. Research shows supporting teachers' professional growth not only positively impacts teachers, but the program and the children as well.

Core Competency: 8



SA-12. What is Anti-Racist/Anti-Bias Curriculum and Why Should We Teach It to Young Children? - Victor Bradley, Educator

Description: Educators will receive a personalized set of tools designed to address their specific circumstances as they relate to the topics of gender, racism, classism, and activism. You will learn how to effectively use these resources to proactively and positively engage in developmentally appropriate initiatives with your children, parents, and community.

Core Competency: 8

SA-13. Songs for Circle Time...or Anytime! - Hugh Hanley, Music/Play Specialist

Description: Let's share songs, fingerplays and music/movement activities that children love and that adults can use to promote social, emotional and physical development in young children, and to build community in early childhood education/care settings. We'll focus on music/play for children Preschool through Kindergarten ages. Participants are welcome to bring recording devices. Handouts and links to demonstration videos will be provided.

Core Competency: 5

**SA-14. Inspiring Amazing Relationships with Children on the Autism Spectrum
Inspirando relaciones increíbles con los niños en el espectro del autismo - Rosemary Hernandez, Professional Development Consultant - (SPANISH)**

Description: Este taller enseñará a los participantes sobre las características únicas y los estilos de aprendizaje de los niños en el espectro del autismo, así como las mejores prácticas que son más efectivas para abordar sus necesidades. Los educadores de la primera infancia aprenderán cómo proporcionar una comunicación cariñosa y efectiva con los niños y aumentarán su conocimiento de los recursos disponibles.

This workshop will teach participants about the unique characteristics and learning styles of children on the autism spectrum, as well as the best practices that are most effective in addressing their needs. You will learn how to provide caring and effective communication with the children and increase your knowledge of available resources.

Core Competency: 2

Sunday Workshops

Sunday, September 11, 2022

9:00 A.M. - 3:30 P.M

SU-1. Planning Activities for Child Care: From Teachable Moments to Intentional Teaching - Linda Schumacher, Early Childhood Specialist Core

Description: Meeting the developmental needs of young children can be happening throughout the day through play and exploration and "teachable moments". But it's also important for educators to be purposeful and intentional when they plan for a balanced curriculum including all the learning domains. Learn how to transform those "teachable moments" into an intentional, developmentally appropriate activity plan that meets the needs of the children in your program.

Competency: 5

SU-2. There's A Book for That - Rina Zampieron, Statewide Early Education Coordinator, MA Audubon

Description: A good book in the classroom is an incredible resource. Books introduce concepts, teach social skills and highlight diversity in the classroom. How do you find the right one? This workshop will explore academic, social/emotional and books on diversity.

Core Competency: 5

SU-3. Lower Stress and Anxiety with Tapping and Ignite Yourself to Show Up Big! - Tijana Coso, Certified EFT

Description: Do you pride yourself on being a teacher and coworker? Are you stressed? Have you heard of Tapping? Conscious/unconscious stressors hinder professionalism and work performance, and can create biases. Tapping is a self-regulating technique that addresses stress/anxiety. This is an experiential workshop.

Core Competency: 4

SU-4. Using Puppets in your Program to Inspire Social-Emotional Learning Mary Wilson, Pitter Patter Enterprises, Inc.

Description: In this workshop you will discover techniques and tips on how to inspire and support SEL in your program with the use of puppets as an effective tool. This workshop is interactive and will provide tools to use with your children the next day.

Core Competency: 5

SU-5. Your Voice, My Voice: Bringing All Cultures into the Classroom - Priscilla Broeger, Department Chair, Regis College

Description: Cultural awareness is the ability and willingness to objectively examine the values, beliefs, traditions, and perceptions within our own and other cultures. This presentation will discuss culturally responsive teaching for our youngest children to acknowledge and appreciate differences.

Core Competency: 5

SU-6. Inspiring Children to Be Co-Creators of their Learning through Environment and Curriculum - Lisa Goddard and Michelle Burrowes, The Croft School

Description: Harness children's natural curiosity for the world around them and build a curriculum from their questions and wonderings that reaches state content standards while empowering children (and teachers!) to construct their own learning.

Core Competency:5

SU-7. The Science of Social Identity: A Foundation for Brave Conversations

Lauren Stauble, Asst. Professor/Consultant and Angela Garcia, Pedagogista/Consultant

Description: Participants will be invited to explore the science of social identity and how to use it to enhance brave conversations with young children. We will incorporate breath work, stretching, and self-reflection to facilitate an embodied experience.

Core Competency: 2

SU-8. Baby Steps to STEM for Infants and Toddlers - Katey Grossman, Trainer for Strong Start and IEPD

Description: What is Early STEM all about for Infants and Toddlers? Young children, beginning from birth, are naturally curious about SCIENCE, TECHNOLOGY, ENGINEERING, and MATH. Let's explore STEM through intentional teaching. You will have STEM activities for Infants and Toddler to bring back to your program and share with your infants and toddlers. Let's begin!

Core Competency: 5

SU-9. The Arts and Nature Intertwined

**Hilary Johansen-Silve and Jen Buckingham, MA
Audubon**

Description: During this hands-on workshop, engage your childlike sense of wonder exploring the beauty of the arts through a nature lens. Discover how Visual Arts, Music, Theatre/Literature, and Culinary can all be taught outdoors with an assortment of natural objects.

Core Competency: 5

SU-10. Building a Bridge between Outdoor and Indoor Learning Experiences - Courtney Arsenault, Adventures in Learning, Inc.

Description: Curiosity flows naturally outdoors - children pick up a stick, lift a log, dig a hole. Learning opportunities are limitless, nature items are not designated for singular purposes. Linking your curriculum with the outdoors enhances learning opportunities for all learners.

Core Competency: 5

SU-11. Integrating Engineering and Empathy in Pre-K and K Classrooms - Elissa Jordan and Michelle Dilesio, Boston Children's Museum

Description: What will the future look like if we give children more opportunities to practice being empathetic problem-solvers? Participants will engage in hands-on activities that integrate engineering and empathy concepts in developmentally appropriate ways for Pre-K and K students.

Core Competency: 5

SU-12. Relationships and Gut Health: What Do They Have to Do with Curriculum? - Anastasia Galanopoulos, Galanopoulos Education & Training

Description: The fields of IECMH (Infant and Early Childhood Mental Health) and neuroscience shed new light on the healing power of early caregiving environments and educators' role in affecting a child's lifelong resilience. In this workshop we will rethink what curriculum means. How do the ways in which we interact with children and their families affect their gut health and in turn their social and emotional well-being?

SU-13. We've Never Done It This Way Kristen Allen, Director of Early Education, YWCA of Rhode Island

Description: The ongoing pandemic is leaving its mark on our students. We will identify the impact of toxic stress and review ways to engage our students' families as a key strategy for supporting the children in our care.

Core Competency: 3

SU-14. Inspiring A Sense of Belonging in Early Childhood Programs Inspirando un sentido de pertenencia en los programas de la primera infancia - Rosemary Hernandez, Professional Development Consultant & Carmen Ramirez, FCC Educator/Business Owner

Description: ¡Imagine su programa de primera infancia donde los niños viven y aprenden quiénes son! En este taller, exploraremos el significado de la diversidad cultural y la justicia racial. Te irás con ideas curriculares que inspiran a los niños a aprender autoestima explorando la vida, la música, el idioma y la cultura.

Imagine your early childhood program where children live and learn who they are! In this workshop, we will explore the meaning of cultural diversity and racial justice. You will walk away with curriculum ideas that inspire children to learn self-esteem by exploring life, music, language, and culture.

Core Competency: 5

